

be nice.®

girl scout patch program

empower

yourself and others to engage in protective factors for resilience.

challenge

stigma. challenge yourself or someone else to access resources. challenge yourself to take suicide and crisis seriously.

invite

yourself to start a conversation about the changes you've noticed.

notice

what is good and right so that you can notice what is different about how someone is thinking, acting, or feeling.

achievable
for all ages!

brownies, daisies, juniors



cadettes, seniors, ambassadors



how to earn the patch:

step 1: Troop Leaders [use this link to complete a 15 minute online training](#).

step 2: Troop Leaders receive an email with a link to download the "be nice. Patch Program," and information on how to purchase patches. First 25 troops to sign up will receive free patches!

step 3: Girl Scouts earn the patch by completing 5 activities:
be nice. Overview Training, and one activity for each of the **be nice. action plan** steps (notice, invite, challenge, and empower).