





Learn more and enroll here at [Lessons from the Bright Butterfly](#). For questions, contact Liz Rutledge and Dr. Cyrina Bullard at info@sustainablehappinesstogether.com or (720) 689-4442



Program	Cost	Attendees	Other
<p><u>Lessons from the Bright Butterfly for Girl Scouts</u> </p> <p>Girl Scout Daisies and Brownies will be empowered to become their most confident, best selves and have a strong foundation for life with our interactive, self-paced mini lessons. Our program is designed for Girl Scout troops to self-guide through our <u>15-minute lessons per week over the course of 6 weeks.</u></p> <p>These hands-on, thought-provoking, self-reflection activities are a great way to start or end your troop meetings. Girls can then practice the skills between meetings. Girl Scouts will learn ways to foster: a growth mindset, more happiness, resilience, and ways to be calm every day.</p> <p>This course merges the butterfly life cycle with critical social emotional learning tools. Girl Scouts can have more fun with the included Be Present to Catch Happiness game. And the Daily Habits with the Bright Butterfly (a habit tracker included in the course) encourages them to have good habits for life.</p>	<p>\$99/Troop with up to 10 fun patches after completion of course.</p>	<p>No Min/ Max</p>	<p>Cost includes:</p> <ul style="list-style-type: none">-one year subscription with access to a downloadable workbook. <p></p> <ul style="list-style-type: none">-Troops who complete the Lessons from the Bright Butterfly can receive up to 10 Bright Butterfly fun patches for each registered Girl Scout In the troop.-Once you complete the course, contact Liz and Dr. Cyrina to receive your patches.- Additional fun patches can be purchased for \$2.95 per patch for troops larger than 10 girls.