






Contact Diana at dsitherapy@gmail.com to schedule a program or visit dsimichigan.org to learn more.



Program	Cost	Attendees	Other
<p>Yoga & Mindfulness </p> <p>This session is an opportunity for Girl Scouts to gather together—whether in a small or large group setting! Girls will learn the basics of better focus, coping skills, and the benefits of a healthy happy mindset.</p>	\$20-\$25 per person depending on number of participants	Minimum 5 No max	Program duration 1-2 hours
<p>Sparkle Girls </p> <p>This spa workshop will teach hands-on facial techniques to share with your friends. A relaxing setting uses natural and holistic approaches to spa products. Discover hair braiding and practice creating new hairstyles, too!</p>	\$20-\$25 per person depending on number of participants	Minimum 5 No max	Program duration 1-2 hours
<p>Dirt Therapy Programs </p> <p>Enjoy the outdoors and connect with the earth! Girl Scouts will learn about perennial flowers and the beauty of seeing color.</p>	\$30 per person	Minimum 5 No max	Program duration 1-2 hours